



Sharing the Road with Transit Buses

- 1) Don't pass on the right while a bus is stopped.** Stay behind the bus or where drivers can see you. Buses may pull over at a bus stop without warning.
- 2) Maintain a straight line while riding.** Avoid erratic movements and maintain your manoeuvrability, predictability and visibility (MVP).
- 3) Prepare for buses that must cross in and out of bike lanes.**
- 4) Share the road.** Give buses plenty of room. Stay behind or in front, not alongside a bus.
- 5) Make eye contact.** Ride in the bus driver's sight line, so that you can see each other in the driver's side-view mirror.
- 6) Don't play leapfrog.** Wait a few moments behind a bus or cycle quickly ahead.

Bike Racks on Buses

- ◆ Racks only fit two bikes (If the rack is full you must wait for the next bus).
- ◆ Make sure you remove anything that might fall off your bike.
- ◆ Flip the bike rack back up after you are done with it.
- ◆ Wheels over 2.1" in width won't fit in the slot. Handle bars can't be more than 27" (69cm) wide
- ◆ Bikes cannot be loaded or unloaded on Douglas Street between Pandora and Broughton or at Douglas and Fort.
- ◆ If you wish to try the bike rack out before getting on the bus, call Transit Training and Safety at 385-2551 on Monday to Friday between 8:00 a.m. and 4:00 p.m.
- ◆ Selkirk Station Bikes on Tyee has a practice rack as well.
- ◆ For more information check out the BC Transit website at www.busonline.ca
- ◆ http://www.busonline.ca/regions/vic/transitplus/bike_and_ride.cfm

Trail Etiquette

Multi-use paths are commonly called bike paths, recreational trails, paved pathways, asphalt trails and a variety of other names. They are intended to be **SHARED** for use and enjoyment by a diverse group of non-motorized users including cyclists, inline skaters, pedestrians and others. Below are some basic guidelines to ensure yours and other user's safety.

For all Cyclists:

- Travel at a pace safe for conditions.
- Slow down in congested and populated areas.
- Control your speed and yield to pedestrians and horse riders.
- Stay right except to pass. This is especially important on corners
- Pass only when it is safe to do so. Pass with care.
- Signal you are passing with a polite warning bell, whistle or by stating "passing"
- Share the path; don't impede other users.
- When stopping pull off to the side of the path
- Use caution when crossing intersections, yield to traffic
- It's best not to ride with headphones, if you do make sure they are kept low so you can hear approaching traffic.
- If you are using the trail at dark, please have your lights so you can see and be seen.
- BC Helmet Laws apply on trails.



Tips for Safer Cycling

Lighting and Safety

When riding at night or in the dusky hours, from 30 minutes before sunset until 30 minutes after sunrise, or in the rain, lighting and visibility are your top priorities

Lights

The Motor Vehicle Act requires a white light on the front that is visible to 150 meters, and both a red reflector and red light on the back.

Front light-Being visible to oncoming traffic is the most important traffic safety measure for cyclist. In unlit areas, a good light should clearly show your path.

Rear lights- at least one red rear light is required by law. A flashing red light is commonly recognized as that used by bicycles.

Extra Lighting – To be extra visible use two red rear lights, one mounted on the back of the bike and another on your helmet or clothing.

Back-up lighting - Keep a spare headlight and /or batteries on hand.

Reflective vests, arm bands and clothing with reflective strips – Reflectivity is your best way to be visible, even in the day time. Wrist bands are helpful when using hand signals at night.

Reflective strips – can be attached to the frame of your bike to ensure motorists see you from the side.

Helmets – are required by law and can save your life, even in the event of a minor fall. Wear only an approved helmet that is sized for your head and adjusted properly.

Bell – Please use your bell or voice when passing pedestrians.

Mirrors – allow you to keep an eye on what is coming up behind you. Mirrors never replace shoulder checks when changing lanes

