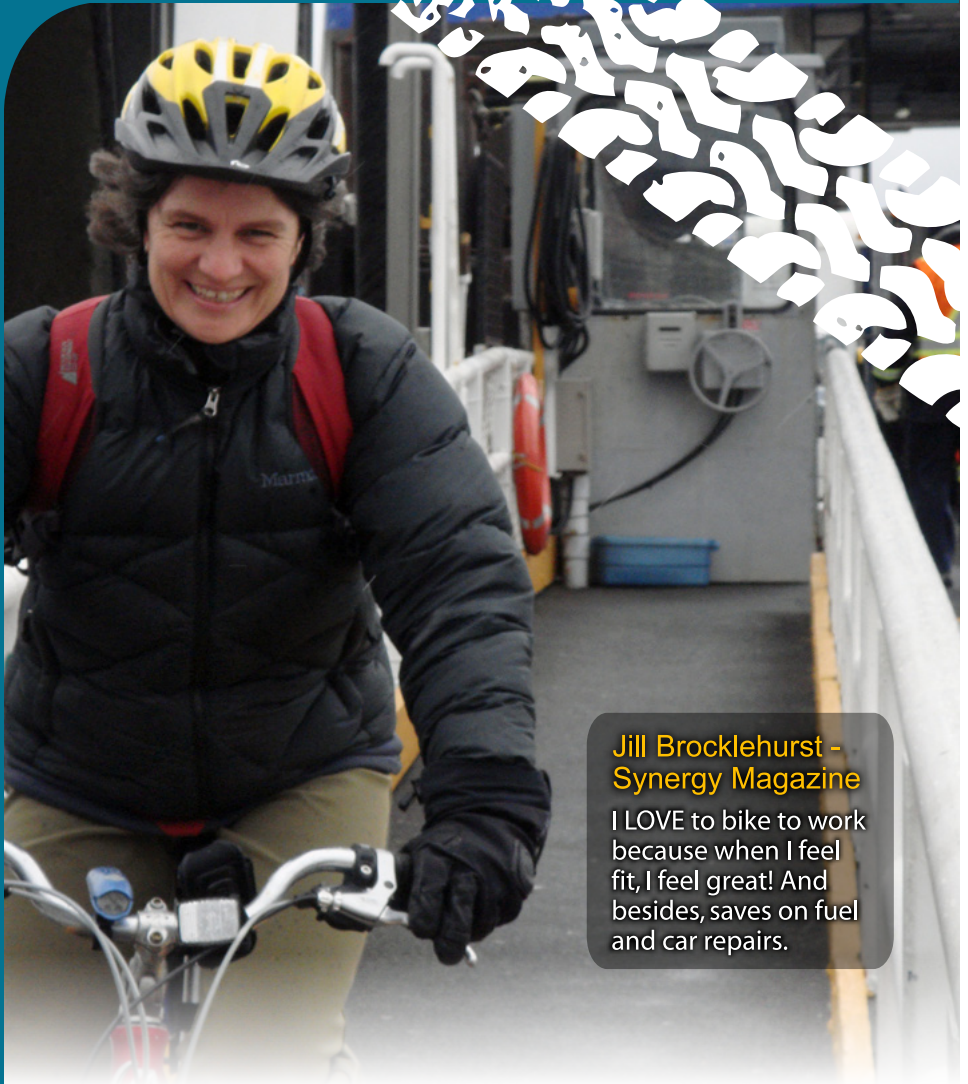


# 4

# BIKE TO WORK

## Weeks to Go!

## MAY 11-17 2009



**Jill Brocklehurst -  
Synergy Magazine**

I LOVE to bike to work because when I feel fit, I feel great! And besides, saves on fuel and car repairs.

### Breakfast Celebration

Monday May 11<sup>th</sup>  
6:30 to 8:30am

Frank James Park  
(Willow Point)

### Bike Shorts Film Festival

An evening of short bike films  
by Dustin Short

Tuesday May 12<sup>th</sup>  
7 to 9pm

Sportsplex  
(Willow Point)

### BBQ Celebration

Wednesday May 13<sup>th</sup>  
4 to 6pm

Robert Ostler Park  
(Foreshore Park)

### Breakfast Celebration

Friday May 15<sup>th</sup>  
6:30 to 8:30am

On the Rocks Climbing Gym  
(Campbellton)



## GOLD SPONSORS



Campbell River  
Christian School



What's On  
Coffee News



## For more info

...or to register your  
team check out...

[www.BikeToWork.ca](http://www.BikeToWork.ca)

Registration begins April 7<sup>th</sup>

## Silver Sponsors

CR Optometry  
Steiners  
Java Shack  
Peak Helicopters  
Strategic Forest Management  
Rehab in Motion

Homebrew Wine Boutique  
Canadian Tires  
Superstore  
A + W  
Daybreak Rotary  
VIH Helicopters

Shaw Chiropratic  
Western Forest Products  
Willows Pub  
Econo- U-Store It